

CAVE CREEK REGIONAL PARK

MONTHLY PROGRAMS

PARK HOURS:

Sunday – Thursday: 6 a.m. – 8 p.m.
Friday – Saturday: 6 a.m. – 10 p.m.
365 days a year

NATURE CENTER HOURS:

Monday – Friday: 8 a.m. – 3 p.m.

ADMIN. OFFICE HOURS:

Monday – Friday: 8 a.m. – 4 p.m.

PARK FEES:

\$6 vehicle day-use entry fee (no additional fees for programs, unless otherwise noted)

DIRECTIONS:

From central Phoenix, take I-17 north to Carefree Hwy (SR 74). Exit Carefree Hwy. and travel east to 32nd St. (7 miles). Turn north on 32nd St. to the Cave Creek Regional Park entrance.

WEBSITE:

www.maricopa.gov/parks/cave_creek/



Maricopa County

Parks and Recreation Dept.
Cave Creek Regional Park
37900 N. Cave Creek Pkwy.
Cave Creek, AZ 85331
Ph: 623-465-0431
Fax: 623-465-9284
cavecreekpark@mail.maricopa.gov



NOVEMBER FEATURED PROGRAMS

Bird Walk with Joe

Date: 11/7/2015 Time: 8:30 a.m.

Description: Take a walk with Joe Ford from the Sonoran Audubon Society and learn how to identify those little brown birds you've seen and always wondered about. Meet at the Nature Center. Bring your camera, a hat, and plenty of water.

Core: Animals

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THE THANKSGIVING BIRD

Date: 11/7/2015 Time: 10:30 a.m.

Description: What do you really know about turkeys? And why are they called turkeys anyway? Beards---on turkeys? This program covers anatomy, living habits, the several species in the New World, turkey intelligence, and the role of domestic turkeys as food in our winter celebrations. It discusses "turkey talk" and why snoods and caruncles change color.

Core: Animals

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Celebrate "National Take a Hike Day" with a Cave Creek to Spur Cross Hike!

Date: 11/15/2015 Time: 9 a.m.

Description: Cinch up your boot straps! This 11 mile hike (one-way) is going to be fun! Participants can hike with the Rangers, departing from either Cave Creek (Ranger Mark) or Spur Cross

(Ranger Kevin) at 9am, sharp! Each Ranger will lead from their respective parks and meet in the middle along the Maricopa Trail where you will switch Rangers. You will be responsible for your own travel arrangements to and from the parks. If you like, you can simply go halfway and return with the Ranger. Plan on about 5 hours, or so, to complete the hike. Be sure to dress appropriately and bring plenty of water and a snack. No pets, please. For more information, contact Ranger Mark at CCRP or Ranger Kevin at SCRCA. You may start from either park. If you wish to start at Cave Creek, meet Ranger Mark at the Cave Creek Nature Center. If you wish to start at Spur Cross, meet Ranger Kevin at the Spur Cross trailhead.

Core: Outdoor Skills

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MONTHLY EVENTS

Thursday Fitness Hikes

Date: 11/5/2015 **Time:** 8 a.m.
Description: All ages and fitness levels welcome to join us for an up-tempo hike along one of our scenic trails. Wear appropriate fitness/hiking attire and sturdy shoes. Bring plenty of water! Come 15 minutes early for a Yoga stretch and warm-up with Beth! Meet in the Nature Center. Mileage counts toward the "100 Miles in 100 Days Challenge!"
Core: Health & Fitness

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Ride with the Ranger to the Clay Mine!

Date: 11/5/2015 **Time:** 1 p.m.
Description: Head on over to the stables and mount-up for a ride over to the Clay Mine. Once there, the Ranger will take you inside for a bit of adventure! Reserve your horse with Cave Creek Trail Rides at 623-742-6700!
Core: Archaeology & History

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Desert Denizens

Date: 11/6/2015 **Time:** 10 a.m.
Description: In this episode of Desert Denizens we will be learning about the "Javelina". Meet in the Nature Center.
Core: Animals

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Feeding Frenzy!

Date: 11/15/2014 **Time:** 11 a.m.
Description: Come see our collection of cool and creepy carnivores consume their prey! Snakes swallow their prey, whole. Scorpions don't. So how do they eat? You can find out, here, in the Nature Center!
Core: Animals

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Clay Mine Adventure!

Date: 11/13/2015 **Time:** 1 p.m.
Description: Join us for adventure as we explore the Clay Mine! Once inside the mine we'll discuss the history of this site and how its contents were used to "cure what ailed ya"! Bring water, a flashlight, and your camera. All ages welcome. No pets, please. Park at the Nature Center and follow the directions at the trailhead kiosk to the "Clay Mine". This program is in "open house" format so you may participate at your convenience during the allotted time. The last tour is at: 2:30pm. For more information, contact Ranger Mark at: markpaulat@mail.maricopa.gov
Core: Archaeology & History

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Thursday Fitness Hikes

Date: 11/14/2014 **Time:** 6 p.m.
Description: All ages and fitness levels

welcome to join us for an up-tempo hike along one of our scenic trails. Wear appropriate fitness/hiking attire and sturdy shoes. Bring plenty of water! Come 15 minutes early for a Yoga stretch and warm-up with Beth! Meet in the Nature Center. Mileage counts toward the "100 Miles in 100 Days Challenge!"

Core: Health & Fitness

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Ride with the Ranger to the Clay Mine!

Date: 11/19/2015 **Time:** 1 p.m.
Description: Head on over to the stables and mount-up for a ride over to the Clay Mine. Once there, the Ranger will take you inside for a bit of adventure! Reserve your horse with Cave Creek Trail Rides at 623-742-6700!
Core: Health & Fitness

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Fall Fitness Hike!

Date: 11/20/2015 **Time:** 8 a.m.
Description: Join us for a "fitness" paced hike on one of the park's scenic hiking trails! Wear sturdy shoes and bring plenty of water. Meet at the Nature Center.
Core: Health & Fitness

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Happy Thanksgiving!

Date: 11/26/2015 **Time:** 5 p.m.
Description: We know you have choices for your outdoor recreation and we are grateful to have you spend time, here, at Cave Creek Regional Park. Thank You!
Core: Entertainment & Social Skills

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Archery 101

Date: 11/28/2015 **Time:** 9 a.m.
Description: Interested in archery? Why not give it a try? Participants will experience a fun and safe basic introduction to recreational and international-style target archery. Equipment is provided. This program is open to anyone ages 10 and older. Children must be accompanied by an adult! Please bring water and wear closed-toe shoes. ***Advanced registration is required. To register, contact Ranger Mark at: markpaulat@mail.maricopa.gov
 ***Space is limited so register early!
Core: Outdoor Skills

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Archery "Open Range"

Date: 11/28/2015 **Time:** 11 a.m.
Description: For those who have successfully completed "Archery 101", we will open the range for some "practice" time. We will close the range promptly at 3pm. You are welcome to come and go at your leisure during the allotted time. Please be sure to bring your "Archery Card" for verification. This archery program is open to anyone ages 10 and older. Children must be

accompanied by an adult! Please bring water and wear closed-toe shoes. Please Register in advance by contacting Ranger Mark at markpaulat@mail.maricopa.gov
Core: Outdoor Skills

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"Make Room for Turkey!" Hike

Date: 11/21/2015 **Time:** 10 a.m.
Description: Join the Ranger for a fun hike on one of our scenic trails and "make room for turkey"! Meet at the Nature Center. Be sure to bring plenty of water!
Core: Health & Fitness

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"Make Room for Turkey!" Hike

Date: 11/22/2015 **Time:** 10 a.m.
Description: Join the Ranger for a fun hike on one of our scenic trails and "make room for turkey"! Meet at the Nature Center. Be sure to bring plenty of water!
Core: Health & Fitness

STAFF:

Park Supervisor: Darci Kinsman
Interpretive Ranger: Mark Paulat
Office Asst. Kristin Gamblin
Maintenance: Alan Wattle and Steven Turton

MESSAGE FROM THE PARK SUPERVISOR:

Thank you for your continued support and interest in Cave Creek Regional Park. We realize that you have a choice when it comes to selecting recreation venues and appreciate your business!

Darci Kinsman

WHAT TO BRING:

Please wear sturdy shoes (closed-toe), dress appropriately for the weather and bring more water than you think you will need. See descriptions for specifics.

Notes: Fees for guided hikes and programs are included in the park entry fee of \$6 per vehicle or with your annual pass. Reservations are not required unless specified in the program description. Hikes/programs are canceled if heavy inclement weather is imminent. If possible, canceled hikes will be posted on the website.

MEDIA PARTNERS:

Thank you for helping us advertise Cave Creek Regional Parks programs and events! Please include Ranger Mark's email address – markpaulat@mail.maricopa.gov - in your postings so park visitors can contact the park directly with general questions about programs, updates, and changes.